



July/August 2016
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SIMPLY buckhead

YOUR GUIDE TO LIVING WELL IN ATLANTA

BUCKHEAD'S RISING STARS

- ★ ATLANTA HAWK KENT BAZEMORE ★
- ★ SHARECARE'S DR. DARRIA LONG GILLESPIE ★
- ★ ACTOR AND MAKEUP ARTIST JULIAN REYNOLDS ★
- ★ PIEDMONT HOSPITAL'S DR. JYOTI SHARMA ★
- ★ ENTREPRENEUR AND DIRECTOR JENNI KOPELMAN ★
- ★ COMEDIAN ANDREW MARKLE ★
- ★ FASHION DESIGNER DANIELLE HOSKER ★

PLUS

- HAT TIP TO HOUSTON'S
- ON STAGE: A TRIBUTE TO JANE LITTLE
- 3 PERFECT DAYS IN BLUE RIDGE

SIMPLY NOW

APPROVED



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HOLY COW!

During the hot summer months, a cool milkshake is a delicious way to beat the heat. Along with the traditional favorites, Buckhead restaurants have an impressive variety of milkshake flavors, including booze-spiked concoctions. Read on to get a taste for our most memorable gulps.

1. 10 Degrees South: Don Pedro (\$8)

The flavors of South Africa don't end with your entrée. The Don Pedro, the restaurant's signature dessert drink, can double as a sweet finish. It has the consistency of a creamy milkshake with a kick any respectable adult shake should have, thanks to the Amara, a liqueur created from the fruit of the exotic African marula tree. It's a rare treat after enjoying the many flavors of South Africa.

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